Recommended Reading

Reminder: any book that discusses the science and treatment of Borrelia and other tickborne disease will in a sense be out of date the day it is published, given the continuing research and evolving treatment protocols.

Coping With Lyme Disease: A Practical Guide to Dealing With Diagnosis and Treatment. Third Edition *(the first two editions are not as good/accurate)*
Denise V. Lang

Everything You Need to Know about Lyme Disease and Other Tick-Borne Disorders *
Karen Vanderhoof-Forschner

Diagnostic Hints And Treatment Guidelines For Lyme And Other Tick Borne Illnesses, 14th Edition (2002) ‡
Joseph J. Burrascano Jr., M.D. Online:
www.ilads.org/burrascano_1102.htm

Of Historical And Political Interest

Biography of a Germ *
Arno Karlen

Bull's-Eye: Unraveling the Mystery of Lyme Disease *
Jonathan A. Edlow

General Overview of Parasites

Interesting and not heavily scientific

Parasite Rex *
Carl Zimmer

Six Modern Plagues and How We Are Causing Them *
Mark Jerome Walters

** Available through the Sonoma County Public Library and Inter-Library Loan system*
‡ Available to Carousel Network members through the Carousel Network library

Lyme Disease Online Information Resources

Lymenet Forum
www.lymenet.org

California Lyme Disease Association (publishes *Lyme Times*)
www.calda.intranets.com and www.lymetimes.org

International Lyme & Associated Diseases Society (ILADS)
www.ilads.org

LymeInfo.Net
www.lymeinfo.net

Diagnostic & Treatment Guidelines (Burrascano)
http://www.ilads.org/burrascano_1102.htm

IGeneX Labs
www.igenex.com

Finding Physicians & Support Groups
www.anapsid.org/support
www.lymenet.org

Lyme Disease Information
www.anapsid.org/lyme

Lyme Disease Symptoms
anapsid.org/lyme/symptoms

Sonoma County Lyme Info
lymeinfo@sonic.net

Information provided by
The Carousel Network
CNDS Info & Support
www.cndsinfo.net

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